

ULTRASOUND

	EXAM		
EXAM/BODY PART	LENGTH	PREP	SPECIAL INSTRUCTIONS
ABDOMEN			
Abdomen	45 Min	Follow Fat-Free Diet the day before appointment Eat: Dry Toast- Jello - Juice - Fruit - Vegetables Avoid: Dairy products - Egg - Fats - Fried foods - Red meat NPO after midnight (if study booked in A.M.) If booked later than noon - light breakfast and NPO 5 hours	Patient must arrive 20 minutes Prior to Appt. to Register
Abdomen & Pelvis	2 Hours	Follow Abdomen Prep Once Abdomen scan is completed, the Patient will be instructed to drink clear fluids and return when bladder is full (to complete Pelvis scan)	Patient must arrive 20 minutes Prior to Appt. to Register
Abdominal Wall/Drainage	1 Hour	No Prep required	Patient must arrive 20 minutes Prior to Appt. to Register
Kidneys & Bladder	40 Min	Drink 24 oz. clear fluids.	Patient must arrive 20 minutes Prior to Appt. to Register
Kidneys & Post Void	40 Min	Finish drinking 1 hour before Time of Study Do Not Void - Bladder must be Full.	
Kidneys Only	30 Min	No Prep required	Patient must arrive 20 minutes Prior to Appt. to Register
PELVIS			
Pelvis	40 Min	Drink 32 oz. clear fluids. Finish drinking 1 hour before Time of Study Do Not Void - Bladder must be Full.	Patient must arrive 20 minutes Prior to Appt. to Register
Pelvis-OB Pregnancy	1 Hour	Drink 32 oz. clear fluids. Finish drinking 1 hour before Time of Study Do Not Void - Bladder must be Full. ** In later pregnancy(after 28 weeks), Drink 24 oz. clear fluid	Patient must arrive 20 minutes Prior to Appt. to Register Forward previous reports of current pregnancy
Nuchal Translucency ---- Measurement (NT)	45 Min	Drink 32 oz. clear fluids. Finish drinking 1 hour before Time of Study Do Not Void - Bladder must be Full.	Patient must arrive 20 minutes Prior to Appt. to Register

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TRANSVAGINAL	40 Min	Drink 32 oz. clear fluids. Finish drinking 1 hour before Time of Study Do Not Void - Bladder must be Full.	Patient must arrive 20 minutes Prior to Appt. to Register
SONOHYST/HYSTERO-SONOGRAM	1 Hour	Drink 24 oz. clear fluids. Finish drinking 1 hour before Time of Study Do Not Void - Bladder must be Full.	Patient must arrive 20 minutes Prior to Appt. to Register
TRANSRECTAL	1 Hour	No Prep required (see special instructions)	Patient must arrive 20 MINUTES Prior to Appt. to Register and take fleet enema in US. Department
NOT for prostate investigation For rectal CA staging or fistula investigation only			
EXTREMITY			
Shoulder	30 Min	No Prep required (see special instructions)	**If injection is required, a consent will be obtained in the department. If Patient is unable to sign for any reason, next of kin should accompany Patient.
Ankle	30 Min	No Prep required (see special instructions)	
Elbow	30 Min	No Prep required (see special instructions)	
Wrist	30 Min	No Prep required (see special instructions)	
BREAST			
Breast Ultrasound/Biopsy	1 Hour	No prep required	Patient must bring previous Breast Ultrasound and/or Mammogram studies if not performed at HDGH. Patient must arrive 20 minutes Prior to Appt. to Register A consent is required, if Patient is unable to sign for any reason, next of kin should accompany Patient.
Mammotome Bx/Excision	90 Min	Hold Coumadin for 5 days Hold low dose aspirin for 5 days	Patient must bring previous Breast Ultrasound and/or Mammogram studies if not performed at HDGH. Patient must arrive 20 minutes Prior to Appt. to Register A consent is required, if Patient is unable to sign for any reason, next of kin should accompany Patient.
Breast Aspiration	1 Hour	No prep required	Patient must bring previous Breast Ultrasound and/or Mammogram studies if not performed at HDGH. Patient must arrive 20 minutes Prior to Appt. to Register A consent is required, if Patient is unable to sign for any reason, next of kin should accompany Patient.

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THYROID	30 Min	No Prep required	Patient must arrive 20 minutes Prior to Appt. to Register
Thyroid aspiration/Bx	1 Hour	No Prep required	A consent is required, if Patient is unable to sign for any reason, next of kin should accompany Patient.
Neck Bx	1 Hour	No Prep required	A consent is required, if Patient is unable to sign for any reason, next of kin should accompany Patient.
CAROTID	1 Hour	No Prep required	Patient must arrive 20 minutes Prior to Appt. to Register
ARTERIAL ARMS & LEGS	1 Hour	No Prep required	Patient must arrive 20 minutes Prior to Appt. to Register
VENOUS ARMS & LEGS	30 Min	No Prep required	
TRANSCRANIAL doppler (TCD)	30 Min	No Prep required	Patient must arrive 20 minutes Prior to Appt. to Register
INJECTIONS	45 Min	No Prep required	A consent is required, if Patient is unable to sign for any reason, next of kin should accompany Patient.
ADD'L BIOPSIES			
Abdominal area	1 Hour	NPO 3 Hours prior to appointment	A consent is required, if Patient is unable to sign for any reason, next of kin should accompany Patient.
Chest	1 Hour	Refer to page 5 - "Coumadin & Heparin Management"	
Kidney	1 Hour	For Interventional Procedures"	Patient reports to Admitting department 2 hours prior to Appt
Liver	1 Hour	"	"
Lung	1 Hour	"	"
Paracentesis	1 Hour	"	"
Renal	1 Hour	"	"
Thoracentesis	1 Hour	"	"
Pancreas	1 Hour	"	"
Spleen	1 Hour	"	"
Thyroid Ablation/Sclerotherapy	1 Hour	"	"