

## HOTEL-DIEU GRACE HEALTHCARE'S ANNUAL GERIATRIC CONFERENCE

Saturday, February 28, 2026

8:30 a.m. – 12:45 p.m.

Brown Auditorium, Hotel-Dieu Grace Healthcare, Windsor, ON

### Overall Learning Objectives:

By the end of this program, participants will be able to:

1. Summarize recent evidence-based clinical guidelines and research findings in the field of Geriatrics.
2. Describe the key healthcare needs of the geriatric population.
3. Apply knowledge of geriatric healthcare to provide relevant advice addressing patients' geriatric concerns.

Moderated by: Dr. Harman Virk and Dr. Frank DeMarco Jr.	
8:30 - 8:40	<b>Opening Remarks – Dr. Andrea Steen</b>
8:40 – 9:00	<b>Practical Office Nephrology - Dr. Amit Bagga</b> <ol style="list-style-type: none"> <li>1. <i>Analyze the management strategies for outpatient hyperkalemia.</i></li> <li>2. <i>Evaluate patients presenting with acute kidney injury to determine etiology and severity.</i></li> <li>3. <i>Develop an approach to assess volume status in patients with chronic kidney disease.</i></li> </ol>
9:00 – 9:10	<b>Question and Answer Period</b>
9:10 – 9:30	<b>To Treat or Not to Treat: Statin Decision in Older Adults – Dr. Dhssraj Singh</b> <ol style="list-style-type: none"> <li>1. <i>Summarize current evidence and guideline recommendations regarding statin therapy for primary and secondary cardiovascular prevention in older adults, including patients over 75 years of age.</i></li> <li>2. <i>Assess and differentiate patient-specific factors—including frailty, life expectancy, comorbidity burden, polypharmacy, and goals of care—when selecting or discontinuing statin therapy in elderly patients.</i></li> <li>3. <i>Identify and evaluate common adverse effects, drug–drug interactions, and safety concerns associated with statin use in the geriatric population.</i></li> <li>4. <i>Demonstrate shared decision-making strategies by discussing and selecting individualized statin management plans with older patients and their caregivers.</i></li> <li>5. <i>Analyze barriers to practice change in implementing evidence-based statin use in geriatric care and design practical strategies to overcome these barriers within the Windsor–Essex area.</i></li> </ol>
9:30 – 9:40	<b>Question and Answer Period</b>
9:40 – 10:00	<b>Depression and Anxiety in the Elderly – Dr. Andrew Namasivayam</b> <ol style="list-style-type: none"> <li>1. <i>Differentiate between various causes of late-life depression and anxiety syndromes.</i></li> <li>2. <i>Formulate an initial treatment plan that includes psychosocial, pharmacological, and neurostimulation strategies.</i></li> </ol>
10:00 – 10:10	<b>Question and Answer Period</b>
10:10 – 10:30	<b>A Practical Approach to the Screening, Diagnosis, and Basic Management of Multiple Myeloma for the General Practitioner – Dr. Ian Brown</b> <ol style="list-style-type: none"> <li>1. <i>Identify appropriate candidates for multiple myeloma screening in the primary care setting.</i></li> <li>2. <i>Outline what constitutes the correct and complete “myeloma workup”.</i></li> </ol>

	3. <i>Interpret myeloma test results and formulate an appropriate follow-up plan.</i>
<b>10:30 – 10:40</b>	<b>Question and Answer Period</b>
<b>10:40 – 11:00</b>	<b>Break</b>
<b>11:00 – 11:20</b>	<p><b>Advances in Oncology: Help your Patients Navigate this Brave New World - Dr. Sindu Kanjeekal</b></p> <ol style="list-style-type: none"> <li>1. <i>Identify key advances in oncology care and evolving treatment paradigms.</i></li> <li>2. <i>Describe the multidisciplinary and interprofessional approach required in oncology care for geriatric patients.</i></li> <li>3. <i>Explain the role of primary care in managing patients receiving immunotherapy and targeted drugs.</i></li> <li>4. <i>Discuss the shift to chronic disease management in oncology and associated challenges.</i></li> </ol>
<b>11:20 – 11:30</b>	<b>Question and Answer Period</b>
<b>11:30 – 11:50</b>	<p><b>From Independence to Support Living: When, How, and Why Primary Care Should Lead the Conversation – Dr. Tim O’Callahan</b></p> <ol style="list-style-type: none"> <li>1. <i>Identify clinical and functional inflection points that should prompt early conversation about supported living or long-term care (LTC).</i></li> <li>2. <i>Differentiate aging, frailty, and failure to thrive, and explain how each informs the timing of intervention.</i></li> <li>3. <i>Initiate and frame conversations about placement that preserve patient dignity and maintain therapeutic alliance.</i></li> <li>4. <i>Anticipate and manage family dynamics, unrealistic expectations, and conflict during transition planning.</i></li> </ol>
<b>11:50 – 12:00</b>	<b>Question &amp; Answer Period</b>
<b>12:00-12:20</b>	<p><b>Normal Pressure Hydrocephalus – Dr. Michal Krawczyk</b></p> <ol style="list-style-type: none"> <li>1. <i>Define Normal Pressure Hydrocephalus (NPH) and describe it’s key clinical features.</i></li> <li>2. <i>Identify the clinical triad of NPH.</i></li> <li>3. <i>Identify imaging hallmarks of NPH.</i></li> <li>4. <i>Outline the diagnostic workup and treatment options for NPH.</i></li> <li>5. <i>Outline a clinical approach to the evaluation and management of enlarged cerebral ventricles.</i></li> </ol>
<b>12:20-12:30</b>	<b>Question and Answer Period</b>
<b>12:30 – 12:45</b>	<b>Closing Remarks – Dr. Andrea Steen</b>

25% of this program is dedicated to participant interaction

### **CFPC (Mainpro+ Certified Activity)**

This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 3.50 Mainpro+® Certified Activity credits.

The Mainpro+ ID number for this program is **303271-001**.

### **For RCPSC (MOC Section 1)**

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 3.50 hours (credits are automatically calculated).

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