

Patient Care Volunteers – AgeWise Program

Days/Hours: Friday 9:45 a.m. – 12:15 p.m., 1:15 – 3:45 p.m.

Position Summary: Volunteers in AgeWise Program are needed to provide assistance for GAP patients attending 4 AgeWise exercise classes on Fridays in the Petro gym. There are usually 6 patients in each class, some arrive with caregivers, some do not.

Primary Functions:

1. Assist with AgeWise exercise classes in the Petro gym for GAP patients.
2. Generally 6 patients in each classes, some arrive with caregivers, others do not.
3. Ensure our patients are able to be redirected from the gym to the class area (or vice versa) without getting lost.
4. Assist with directing clients to the appropriate location in a timely manner (*i.e. Central Registration*) and ensure they are able to meet up with the caregivers,
5. Assist them with hanging up winter coats etc. at the start/end of each class.
6. Additional tasks assigned to assist with program staff in various ways tbd.