



WALK-IN COUNSELLING CLINIC

Welcome to the Walk-In Counselling Clinic

The clinic provides a single therapy session for families during their moments of urgent need. It is not a medical clinic.

- Please complete the attached forms while waiting
- You will participate in a 1-1 ½ hour treatment session with a social worker
- During this session the social worker will help define and explore the concerns that brought you to the clinic, as well as assist in identifying potential solutions and providing community resources as needed.

Many families find one treatment session to be sufficient. If you require further assistance, you may complete an intake package and return it to reception for ongoing services.

If your situation changes, you may return to the Walk-In Counselling Clinic for another single session.

