

# Triple P

## Positive Parenting Program



## Upcoming Online Programs

### PARENTS with children 0-11yrs

#### TRIPLE P SEMINARS

*Pre-register for 1, 2 or all 3 programs*  
Monday, 6-8pm

- **The Power of Positive Parenting**  
April 26
- **Confident & Competent Children**  
May 3
- **Raising Resilient Children**  
May 10

#### TRIPLE P DISCUSSION GROUPS

*Pre-register for 1 or 2 programs*  
Wednesday, 6-8pm

- **Dealing with Disobedience**  
May 26
- **Managing Fighting & Aggression**  
June 2



### PARENTS With teens 11-16yrs

#### TRIPLE P Teen DISCUSSION GROUPS

*Pre-register for 1 or 2 programs*  
Thursday, 6-8pm

- **Coping with Teenagers' Emotions**  
March 23
- **Building Teenagers' Survival Skills**  
March 30

Wednesday, 6-8pm

- **Reducing Family Conflict**  
May 12
- **Getting Teen's to Cooperate**  
May 19

### DIVORCED OR SEPARATED PARENTS

**Family Transitions Group Course**  
Tuesday, 6-8pm

- **5 WEEK PROGRAM**  
April 20, 27, May 4, 11 & 18

[triplepwindsor-essex.ca](http://triplepwindsor-essex.ca)

519-257-5215 ext. 74033