

Triple P Discussion Group

Free Online Parenting Program



PARENTS
with children **0 - 11 years**

TRIPLE P DISCUSSION GROUPS

Pre-register for 1, 2 or all 3 programs

Tuesdays, 6-8pm

Dealing with Disobedience - July 12

Managing Fighting & Aggression - July 19

Developing Bedtime Routines - August 9



PARENTS
with teens **12 - 16 years**



TRIPLE P Teen DISCUSSION GROUPS

Pre-register for 1 or 2 programs

Tuesdays, 6-8pm

Reducing Family Conflict - August 2

Getting Teens to Cooperate - August 9

triplepwindSOR-essex.ca

519-257-5215 ext. 74033