



Culturally Adapting the Triple P Program for Arab newcomers in Windsor-Essex



A systematic, evidence-based process



Establishing the infrastructure



683 Project Coordination Hours



209 Volunteer Hours



7 Partner Agencies Delivering the program



16 Facilitators Trained on Adapted Program



140 Program Evaluation Hours



316 In-Kind Hours (over \$25,000)

In total...

625



Arabic-Speaking Parents

Have attended The Triple P Program over the last year



Over 1,500 Children and Youth



indirectly impacted by the project

3



Partner agencies participated in a formal program evaluation



2 agencies delivered the "deep structural" adapted program



1 agency delivered the "surface structural" adapted program

49 Arabic-speaking parents consented to participate



32 received the "deep" adaptation; 17 received the "surface" adaptation

Delivering & Evaluating the Adapted Program

Products Developed & Project Impact



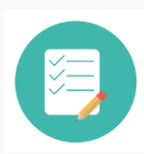
Culturally Adapted Curriculum



Culturally relevant example guides



Arabic-speaking introduction video

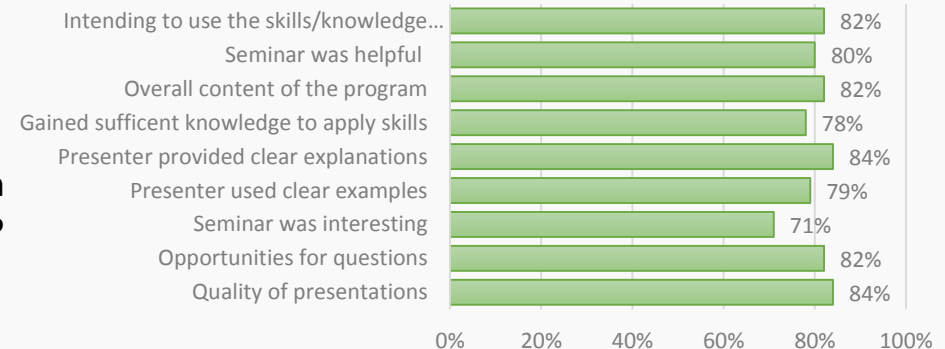


List of Resources for newcomer families

47%

Of Parents in the Windsor-Essex Region who attended Triple P in 2018-2019 were Arabic-speaking

% of Arabic-Speaking Parents who Agreed with Each Statement





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Evaluation Method

3

settlement partner agencies participated in the program evaluation



2 agencies delivered the “deep structural” adapted (DS) program



1 agency delivered the “surface structural” adapted (SS) program

49

Arabic-speaking parents participated in the evaluation
32 received DS vs. 17 received SS

Outcome measures collected before and after program:



Being a Parent Scale
Child Strengths and Difficulties Questionnaire
Promising Young People Satisfaction with program

Respondent Profile

63%
Mothers

(79% SS group vs. 59% DS group)

Over 90%
were married

(100% SS group vs. 81% DS group)

5%
Lived with extended family members

(6% DS group vs. 4% SS group)

4.2
Average number of children

(4.7 DS group vs. 3.6 SS group)

83%
Speak Arabic at home

(86% SS group vs. 81% DS group)

42%
Had at least high school level education

(57% SS group vs. 34% DS group)

87%
Participants not currently employed

67%
Partners

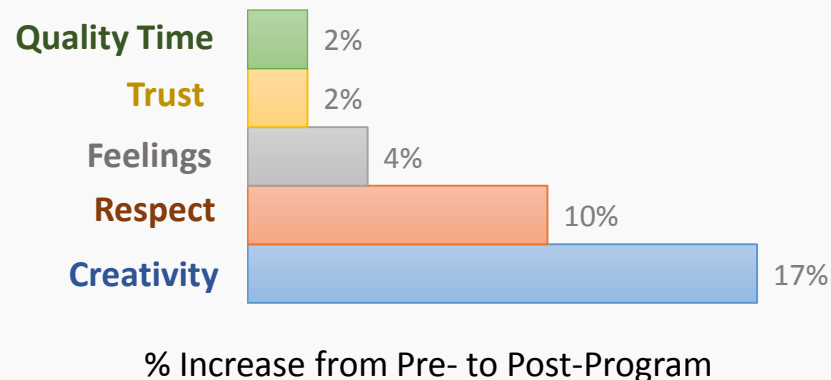
Main Findings

+13% vs. +17%

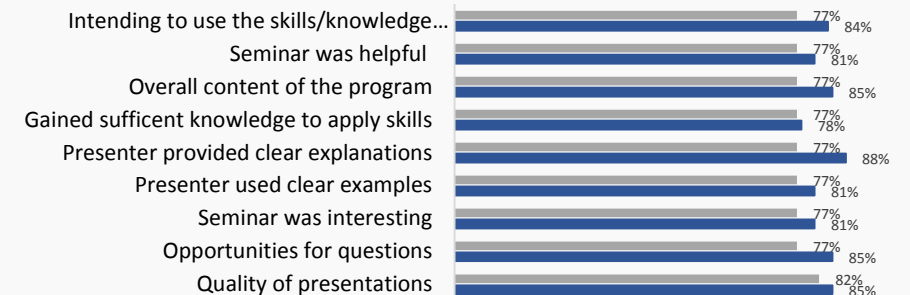


in parenting satisfaction after the program for SS and DS groups, respectively

All participants reported increase in positive parent/child relationship after program



■ % of SS Group who Agree with statement ■ % of DS Group who Agree with Statement



DS group reported greater satisfaction with the quality, content, and delivery of the program compared to SS group